

# HOW HAS YOUR BIRTH SHAPED YOUR LIFE?

**IPPE** Institute for  
Pre and  
Perinatal Education

Presents

## An Introduction to Birth Trauma Resolution

Taught by IPPE senior instructors Kathryn Kier and Scott Zamurut

**Belief Systems • Behavior Patterns • Self Esteem • Personal Power • Intimacy Issues**

These core human characteristics are substantially shaped in the few precious hours before, during and after birth when the brain is making neuro-connections at its fastest and most aggressive rate: over 2 million connections per second. Recent research in neurophysiology and trauma support the core tenant of pre and perinatal psychology: more than any other experience, *your birth shapes who you are*, the decisions you make, the way you feel about life, and how you move forward in life.



For most of us, the miracle of birth was not accompanied by adequate empathy and consciousness. The challenges, struggles and sacrifices we made during birth have created imprints that remain in place. Neurological, psychological, and physical templates stay with us until we are able to access them and release their power over us.

*How often do you respond to a situation or stimulus with a reaction that is tainted from your unconscious momentum?*

The Introduction to Birth Trauma Resolution (BTR) class is an empowering and resourcing experience that will help you to discover the root causes of your limitations and help you “rewire” self-diminishing neurological and psychological patterns. In a safe, confidential and compassionate classroom environment, you will learn to uncover the impacts and understand the consequences of your birth. BTR teaches you the skills that can allow you to achieve deep progressive change in your life.

*This class serves as an introduction and prerequisite to the Foundation class, a comprehensive course in the somatic and psychological aspects of Pre and Perinatal experience, which includes the four stages of birth and prenatal events. Highly popular in Europe, for the first time in more than five years this course is being offered in the US, beginning in September of 2011.*

This course has proven itself invaluable to healing arts practitioners who work with birth related themes, such as:

**Craniosacral Practitioners • Midwives • Doulas • Bodyworkers  
OBGYNs • Lactation Consultants • Osteopaths • Psychotherapists**

**Date:** Two offerings this year - May 6-8 and August 19-21, 2011

**Location:** Boulder, CO    **Cost:** \$400

**Friday & Saturday:** 10 - 1 / 3 - 6    **Sunday:** 10 - 3

**Foundation Course begins and runs September 13-17, 2011 in Boulder, CO.**

For More Details on Class Content Contact: [scott.zamurut@me.com](mailto:scott.zamurut@me.com) or 720.841.4415

To Register Contact: [sandy.enke@gmail.com](mailto:sandy.enke@gmail.com)



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